

**PSHE Curriculum**

	<b>HT 1</b>	<b>HT2</b>	<b>HT3</b>	<b>HT4</b>	<b>HT5</b>	<b>HT6</b>	
<b>Year 7</b>	<p><b>Staying safe, offline and online</b>                      Avoiding gangs and criminal behaviour                      Staying safe online                      Online gaming, grooming and addiction                      Alcohol and risk                      Nicotine and smoking                      E-cigs, vaping and shisha                      Energy drinks and caffeine                      Knife crime and safety</p>	<p><b>Puberty and body development</b>                      Introduction to puberty                      Girls puberty and periods                      Boys puberty                      Personal hygiene                      Growing up                      Self-Esteem                      Tooth decay and dental health</p>	<p><b>Friends, Respect and Relationships</b>                      Consent and boundaries                      Respect and relationships                      What makes a good friend?                      Friendships and online relationships                      Being positive                      Pressure, Influence and Friends</p>	<p><b>Careers</b>                      Introducing CareerPilot                      Jobs of the future                      Getting career ready                      Start with a subject                      CareerPilot quiz</p>	<p><b>Politics and Parliament</b>                      Why is politics important?                      How is our country won?                      The role of Prime minister                      The Monarchy and King                      Charles III                      Political debates and Parliament                      Elections and campaigning                      Creating a political campaign</p>	<p><b>Celebrating differences</b>                      What is your identity?                      Multicultural Britain                      Importance of Kindness                      Breakdown stereotypes                      Learning disabilities</p>	
<b>Year 8</b>	<p><b>Dangerous society, offline and online</b>                      County Lines – What is it?                      County Lines – Who is at risk?                      Substance Misuse                      Cyberbullying                      Online Grooming                      Alcohol Safety                      Child Exploitation and Online Protection</p>		<p><b>Physical Health and Mental Wellbeing</b>                      Health and Wellbeing                      What is Mental Health?                      Positive Body Image</p> <p><b>Careers (HT4/5)</b>                      Introducing skills                      Researching skills                      Job adverts                      Selling yourself                      CareerPilot quiz</p>		<p><b>Relationships and Sex Education</b>                      What are Relationships and Sex Education?                      Healthy respectful relationships                      Dealing with conflict</p>		
<b>Year 9</b>	<p><b>Legal and illegal Drugs</b>                      What is a drug?                      Different substance addiction                      Cannabis products                      Drug classification                      Party drugs and illegal drugs                      The war on drugs                      Volatile substance abuse</p>	<p><b>Equality and Diversity Explored</b>                      Equality Act 2010                      LGBTQ+ What is it?                      LGBTQ+ Rights across the World                      Gender equality                      Disability discrimination and ableism                      Removing the barriers                      Racism and discrimination in society</p>	<p><b>Careers</b>                      Choosing Key Stage 4 options                      GCSEs and how they fit with your future                      Start with a job                      Building your skills                      CareerPilot quiz</p>	<p><b>Sex, the Law and Consent</b>                      Sexual consent and the law                      FGM and the law                      Relationships and partners                      Domestic abuse and domestic violence                      Why have sex?                      Delaying sexual activity                      Sexual harassment and stalking                      Lancashire Sexual Health talk</p>	<p><b>Rights and Responsibilities</b>                      The impact of Social Media                      Targeted Advertising and your data                      What is marriage?                      Rights and responsibilities                      Consumer rights                      Employment rights</p>	<p><b>Body Confidence</b>                      How self-esteem changes                      Bullying in all its forms                      Dealing with grief and loss                      Media and airbrushing                      Cancer prevention and healthy lifestyle</p>	
<b>RESPECT Curriculum</b>							
<b>Year 10</b>	<p><b>Careers</b>                      Introduction to Post 16 options                      Work experience                      Finding a WEX placement                      CV writing                      Salaries and payslips</p>	<p><b>Life and death issues</b>                      Introduction to death                      General beliefs about life after death                      The Day of the Dead                      Heaven and Hell                      Islamic beliefs about life after death                      Beliefs about the devil</p>	<p><b>Women's Aid (External)</b>                      Consent                      Domestic Abuse                      Sexual harassment</p>	<p><b>Extremism</b>                      What is extremism?                      British Values and the Law                      What is Jihad?                      Why might a religious person carry a weapon?                      Extreme pacifism                      Can you refuse to fight?                      Is a just war possible in a modern society?                      Are weapons of mass destruction, ethically right?</p>	<p><b>Adult Health and looking after yourself</b>                      Blood and organ donation                      Teenage pregnancy                      Parenthood for teenagers                      Testicular and prostate                      Breast cancer</p>	<p><b>Pacifism</b></p>	
<b>Year 11</b>	<p><b>Careers</b>                      Knowing your Post 16 options                      Academic and vocational pathways                      Apprenticeship pathway                      How to apply for Post 16                      Exploring Post 18 options</p>	<p><b>Life and death issues</b>                      What does it mean to be human?                      When does life begin?                      Is it a human right to have a child?                      Abortion                      Is human life worth more than that of an animal?                      End of life – the boy whose skin fell off                      The future of humanity</p>	<p><b>Revision</b>                      Screen addiction and studying                      Stress and anxiety                      Revision techniques</p> <p><b>Lancashire Sexual Health</b>                      Consent                      Contraception                      STIs</p>	<p><b>New religious movements</b>                      Humanism                      Cults</p>			